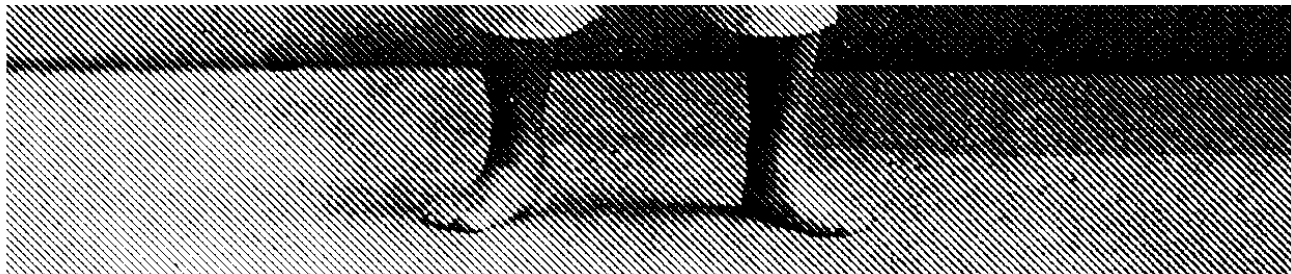


# 60TH ANNUAL OBUKAN JUDO SHIAI & KATA / ONCHI SENSEI MEMORIAL TOURNAMENT

March, 19th 2016

PCC Cascade Gymnasium  
600 N Killingsworth Street  
Portland Oregon





---

## WELCOME TO OBUKAN JUDO DOJO

**Head Instructor:**

Toshio Ichinoe

**Instructors:**

Mark Hirota  
Rod Conduragis  
Dick Middlebrooks  
Julie Koyama

**Assistant Instructors:**

Aboudi Audi  
John Watters  
Jeffrey Rooney  
Tanor Morinaka  
Danjiro Duffy

**Juniors Classes:**

TU & TH 6pm - 7pm

**Senior Class:**

TU & TH 7pm - 8:30pm

**Judo Foundations:**

MON 6pm - 7:30pm

**Advanced Class:**

SAT Morning 8am - 10am

**No Gi Throwing****& Newaza with Gi Class:**

WED 6:30pm-8:30pm

**Kata Class:**

SAT Morning 10:30am - noon

**Dojo Address:**

7333 NE Fremont St

**On The Web:**

www.obukanjudo.org  
facebook.com/groups/  
obukanjudo  
obukanjudo@yahoo.com

---

## OPENING WELCOME MARCH 19, 2016



### Welcome to the Rose City and the 60th annual Obukan Judo Tournament and second Sensei Jim Onchi Memorial Tournament.

Obukan began practice of judo as a dojo back in 1926 as Portland Judo, had its name changed by Jigoro Kano in 1938 to Obukan and had its first post WWII tournament in 1955 under Sensei Jim Onchi.

Thank you to all of the players, parents, referees, spectators, Sensei's and judo students for being part of the long legacy of judo in the Pacific Northwest and coming to our tournament today. We hope you have an enjoyable time.

This year we once again honor Onchi Sensei in respect for his lifelong legacy and love for the sport of judo and what it represents both on and off the mat.

Onchi's greatest love was all of you and seeing you grow through the sport of judo. He would be very happy to see you all here today!

**Today our tournament we will be having several special awards.**

- 1. Best Technique Award Juniors**
- 2. Best Technique Award Seniors**
- 3. The Jocelyn Latka Spirit Award for Juniors**
- 4. The Onchi Sensei Spirit Award - For Coach, Referee, Senior**
- 5. Onchi Scholarship Award - High School Student award of \$500**
- 6. Fukushima Sensei Kata Award - Spirit of Learning Kata**

I want to acknowledge and thank Mr. Richard Magruder and the staff of PCC for once again allowing us to use this beautiful venue for our annual tournament.

I want to also thank our sponsors and members for supporting Obukan each and every year.

Have a great day at our tournament and score lots of Ippons!

**Gambatte Kudasai!!**

**Mark Hirota & Rod Conduragis**

Tournament Co-Directors

PRESIDENT  
HARUKI UEMURA



**KODOKAN**  
JUDO INSTITUTE

講道館長  
上村春樹

March 2, 2016

Obukan Judo Dojo Inc.

President:

Mr. Rod Conduragis

(c.c. Mr. Toshio Ichinoe)

**On "60th ANNUAL OBUKAN JUDO SHIAI/KATA/  
ONCHI SENSEI MEMORIAL TOURNAMENT"**

I would like to extend my sincere congratulations on the 90<sup>th</sup> Anniversary of the Obukan Judo Dojo Inc established in 1926.

I hear that Kano Jigoro Shihan visited your Dojo twice, in 1932 and 1938. The name of "Obukan Judo Dojo" was given by Kano Shihan on his first visit in 1932.

Since then, your Dojo has taught fundamental principles representing the spirit and techniques of the Kodokan Judo, "Seiryoku zen'yo" (maximum efficiency) "and "Jita kyoei (mutual welfare and benefit)" to a lot of students in Portland, Oregon, and installed Mr. Toshio Ichinoe as the chief instructor in 1968. I would like to express my heartfelt respect to the people involved in Obukan Dojo who worked altogether all through the 90 years in order to hand down the proper Kodokan Judo to posterity.

*Maximum efficient use of energy and mutual prosperity for self and others.*

1-16-30, Kasuga, Bunkyo-ku, Tokyo, 112-0003 JAPAN <http://www.kodokan.org/>  
Tel:+81-3-3818-4172, Fax:+81-3-3814-2918, E-mail:intl@kodokan.org

PRESIDENT  
HARUKI UEMURA



**KODOKAN**  
JUDO INSTITUTE

講道館長  
上村春樹

I am really pleased to hear that you will hold the "60th Annual Obukan Judo Shiai/Kata/Onchi Sensei Memorial Tournament" on March 19<sup>th</sup>, 2016.

I hope this tournament will be successful.

Lastly, I wish further prosperities of your dojo and good health of all the members of your Dojo.

Sincerely Yours,

Haruki Uemura  
President  
The Kodokan

*Maximum efficient use of energy and mutual prosperity for self and others.*

1-16-30, Kasuga, Bunkyo-ku, Tokyo, 112-0003 JAPAN <http://www.kodokan.org/>  
Tel:+81-3-3818-4172, Fax:+81-3-3814-2918, E-mail:intl@kodokan.org

---

**ICHINOE SENSEI  
OBUKAN JUDO  
HEAD INSTRUCTOR**



**Thank you everyone for coming to our 60th Tournament.**

This year, we celebrate 90 years of existence here in Portland. I would like to thank our past as well as current members and their families, and all the supporters of our dojo.

I would also like to thank our dojo members, our directors, and the senior and junior instructors who support our dojo. They have been spending a lot of their time teaching and training at the dojo. Without all of these people, our dojo would not have been able to continue to exist for such a long time.

As some of you may know, we had been practicing with limited time and insufficient conditions for many years. Fortunately, a little over two years ago we found a better place to practice and established a more traditional judo dojo.

Our membership has been growing since we have moved to the new place. We are also now gearing up to develop players who will compete in upper level tournaments from the result of being able to provide more practice times.

Our members can now practice 5 days a week if they wish. Our classes and curriculum are based in Kodokan Judo and we may add another class to create more interest in judo among the general public.

By watching our players at tournaments, I sincerely hope you will be able to see what Kodokan Judo is about both on and off the mat.

Thank you again for attending and participating in our 60th tournament.

**Toshio Ichinoe**

**Head Instructor**

Obukan Judo Dojo  
Head Instructor  
Toshio Ichinoe

Consular Office of Japan in Portland

1300 S.W. Fifth Avenue  
Suite 2700  
Portland, Oregon 97201

February 29<sup>th</sup>, 2016

Mr. Rod Conduragis & Mr. Mark Hirota  
Tournament Directors  
7333 NE Fremont St.  
Portland, Or 97213

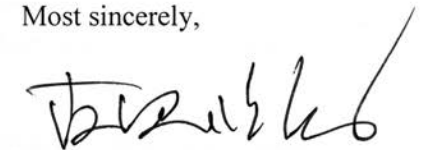
Dear Mr. Conduragis & Mr. Mark Hirota

It is with pride and happiness that I write to congratulate all involved in the 60<sup>th</sup> Annual Northwest Invitational Judo Tournament. Sixty years is truly a momentous achievement for your organization and I applaud the hard work and determination that you as well as your supporters have shown throughout the years.

The Annual Northwest Invitational Judo Tournament has long-since become a mainstay in the martial arts and Japan-related communities of this city and this region. The countless *Judoka* who have trained and grown under your guidance, as well as families and friends, have helped maintain and strengthen that community through several generations. You honor the memory of Onchi-sensei as you build and expand upon his dreams and I am sure he would feel great pride to see how his legacy lives on.

Last but not least, to all of the participants, I hope you will enjoy this day and strive to be the best that you can be. You are part of a grand and beautiful tradition and I urge you embrace and make the most of it. Congratulations and good luck!

Most sincerely,



Hiroshi Furusawa  
Consul General of Japan

WE INNOVATE WHILE OTHERS IMITATE!™

# SWAIN HYBRID MAT

- LOW PROFILE VINYL
- EASY TO CLEAN
- LESS MAT BURNS
- PERFECT TRACTION
- GREAT FOR GI AND NO-GI TRAINING
- 6 COLOR OPTIONS

RINGS • CAGE PANELS • WALL PADS • POST PADS • CLEANING PRODUCTS

MARTI MALLOY  
Olympic Judo Medalist  
Dollamur Athlete



FREE DESIGN  
SERVICES!

800.662.4616  
SWAINMATS.COM

## Donate to your local furniture bank.



Do you have extra household goods and furnishings? Donate them to Community Warehouse and they will be connected directly to local families in need. Together, we can create more safe, comfortable and happy homes in our community.

### Most Needed Items

Silverware	Kitchen Tables	Sheets/Linens
Toasters	Twin Mattresses	Dressers
Pots & Pans	Pillows	Lamps
Can Openers	Blankets	Alarm Clocks

Learn more! [communitywarehouse.org](http://communitywarehouse.org)



# Good luck to everyone- compete hard and have fun

Mark and Kim Hirota

# Connie Matsuoka DMD

6305 E Burnside St,  
Portland, OR 97215  
(503) 236-8623



## GENERAL INFO

**Kata:** Competition will begin at 8:30 with Nage no Kata, followed by Katame no Kata and Ju no Kata

**Shiai:** Junior competition will begin at 10:00, Seniors and Veterans competition will begin upon completion of the Juniors competition

**Tournament Meeting:** Officials, coaches and managers Saturday 9:30 am – 10:00 am at tournament site.

**Head Referee:** Julie Koyama-PJC

**Referee Certification:** NW Class “R” certification available by the NWYDK Certification Committee.



## TOURNAMENT RULES

**Current IJF rules with the following safety modifications will govern:**

1. Shime waza (choking) and will not be allowed for age divisions 12 years and below.
2. Kansetsu waza (arm locks) will be allowed for cadets and all senior divisions
3. Pre-2003 medical rules will apply to all Junior Divisions.
4. Current IJF medical rules will apply to all Senior Division
5. Blue gi and white gi are required for all divisions. A blue gi may be worn only when the contestant’s name is called second . Some blue gi will be available for sale and for loan. Blues gi will be available on site.
6. There will be Co-ed competition for juniors 6-8 years old.
7. The outside boundary shall be 3 meters for this event with 4 meters between the mats with an 8 meter competition area.

## SHIAI FORMAT

- Divisions with 6 or more competitors will use a modified double elimination bracket, the champion will not have a loss
- Divisions with 5 or less competitors will use a pool bracket.
- Changes in the above may be made at the discretion of the Tournament committee.
- No competitor may move down an age group.
- First, second and third place will be awarded to the Divisions indicated below.

## KATA COMPETITION FORMAT

- All competition will be in one division. Eligible teams include all female, all male and mixed pairs (all competing in the same division).
- Teams may compete in one or more kata, though an individual may only compete in each kata once.
- Changes in the above may be made at the discretion of the Tournament committee. First, second, and third places will be awarded.



## AGE & WEIGHT DIVISIONS

<b>Bantam (8 and under)</b>	Light, Middle, & Heavy
<b>Intermediate 1 (9 and 10)</b>	Light, Middle, & Heavy
<b>Intermediate 2 (11 and 12)</b>	Light, Middle, & Heavy
<b>Juvenile A (13 and 14)</b>	Light, Middle, & Heavy
<b>Cadet (15, 16, and 17)</b>	Light, Middle, & Heavy
<b>Senior Novice (Up to 4th Kyu)</b>	Light, Middle, & Heavy
<b>Brown</b>	Light, Middle, & Heavy
<b>Black</b>	Light, Middle, & Heavy
<b>Veterans (35 yrs+)</b>	Light, Middle, & Heavy

If a player moves up to a division by their own choice they will be subject to the rules for that division. If a player is placed for size in a division with rules not pertaining to his division, he will be marked and subject only to the rules pertaining to his age or rank division.

Actual weight divisions will be based on available competitors. Every attempt will be made to ensure fair competition for all competitors.

**EXPERIENCE  
THE MOST WORLDLY 15 ACRES  
IN PORTLAND**

**FRENCH AMERICAN  
INTERNATIONAL SCHOOL**

**Lower School (PS-5th) Open House: Thursday, April 7, 2016**

*VISIT TO BELIEVE*



*"developing Olympic sport"*

Dedication, Discipline and Direction  
a key ingredient to sport and life.  
Play hard but play fair.

## CONGRATULATIONS AND BEST OF LUCK TO ALL OF TODAY'S COMPETITORS!

DONATIONS HAVE BEEN MADE POSSIBLE THROUGH THE GENEROUS FUNDRAISING EFFORTS OF THE  
**DISABLED AMERICAN VETERANS (D.A.V.) BINGO**  
DAVBINGO.COM



*St. John's Burgerville*



Supporting the local community  
since 2010 with over \$36,240  
donated to area schools

*FILAM "Kuya's Cuisine"*  
"Where Friends Meet & Greet"

*Fred T. Asa*  
Manager

filamkuyascuisine8917@gmail.com

8917 SE Stark St.  
Portland, OR 97216

(503) 250-2865

---

## THE JIM ONCHI MEMORIAL JUDO SCHOLARSHIP



**Onchi Sensei**  
Kudan (9th Degree)  
1918-2013

**Dear Judo Sensei,**

Thank you for your dojo's participation in today's, 60th Annual Obukan Judo tournament and third Jim Onchi Sensei Memorial tournament. In honor of the principals of Judo and giving back to our youth, as Onchi Sensei wanted, we are proud to announce the Jim Onchi Memorial Scholarship. The annual Judo Scholarship is to help a High School student who has aspiration to continue their education in a 2-year or 4-year College/University and also furthering their Judo education. Our next scholarship will be awarded at the 2017, 61st Annual Obukan Judo tournament and 5th Jim Onchi Sensei Memorial tournament to be scheduled in Portland, OR.

The scholarship requirements and application are attached. Please review this with your students and have them apply before the deadline date of January 31, 2017.

We look forward to seeing you and your students again at our next tournament.

Our goal is to always bring out the best in Judo from the Pacific NW and make it an exciting player's tournament that is fun for the parents, coaches and spectators!

Sincerely,

**Rod Conduragis**  
Obukan Judo  
2016 Tournament Co-chairman



### Japanese American History Museum A project of Oregon Nikkei Endowment

121 NW 2nd Ave, Portland, OR 97209  
(503) 224-1458  
oregonnikkei.org

Exhibit hours:  
Tuesday-Saturday, 11 a.m. to 3 p.m.  
Sunday, noon to 3 p.m.

\$5 admission,  
free for Friends of Oregon Nikkei Endowment



**KONKO CHURCH OF PORTLAND**  
1330 SE 92nd Ave Portland, OR 97216  
(503) 256-4201



A private, non-profit, membership organization dedicated to promoting business, education and cultural exchange, enhancing mutual understanding between the people of Japan, Oregon and SW Washington





**Congratulations to all of the  
Competitors today in Obukan's  
60th Annual Tournament and 90th  
year of doing Judo in Portland!**

**From the Conduragis Family:  
Rod, Carrie, Kevin, Eric & Alex**

**Since 1969, Krueger's Supply has  
provided the highest possible service  
in the material handling industry.**

# Krueger's Supply

Whether it be new or used pallet rack,  
industrial shelving, lockers, or  
carts, we have you covered.

712 SE 7th Ave.  
Portland, OR 97214  
(503) 233-7791

[www.kruegerssupply.com](http://www.kruegerssupply.com)

Business Hours  
M-F 8:30 - 5:00

---

## OBUKAN JUDO PRESIDENT



### Welcome to the 60th Annual Obukan Judo Tournament / Onchi Sensei Memorial Shiai!

This also happens to be the historic 90th year of Obukan Judo! Yes, Obukan Judo started back in 1926 right here in Portland Oregon. We even had two visits from Jigoro Kano the founder of Judo! We are so proud that you are here participating in our tournament and helping us celebrate the legacy of Kodokan Judo at its best. Judo is based on a community of Athletes, Coaches, Families and Fans! We need you all to grow Judo for another 90 years. Each and every tournament you participate it grows you and your Judo. It is said that one Judo tournament gives you 6 months of practice experience. So, try to participate in every tournament and grow your Judo. As you know Judo is much more than competition. Competition makes your Judo sharp but the way of Judo makes you shine. You need both to get the full benefit of Judo. Judo is about giving. Every parent, every Sensei, coach, every referee is giving back to you today. It takes all of them to build a champion on and off the mat. And you. Yes, you are giving back. Today, you as a competitor are giving back, by giving your opponent your best Judo! This tournament is Obukan's way of giving back. We are honored to have you here with us in celebrating 60 years of tournaments and 90 years of Judo. Obukan 6090 is today, so give your best and grow in your Judo and most of all have fun!

Domo Arigato Gozaimasu,

**Rod Conduragis**  
Obukan Judo Dojo, President



---

## TAIKO

### About Taiko

The word, "Taiko" in Japanese literally means great or wide drum. It refers most commonly to a distinctive form of drumming that has its roots in ancient Japanese culture. But Taiko also describes the art form of modern Japanese drum ensembles, as well as the physical drums used by these groups.

### About UNIT SOUZOU

Portland's newest taiko ensemble, UNIT SOUZOU (pronounced "sohzoh") is at the forefront of a growing artistic movement within the taiko community. Michelle Fujii and Toru Watanabe, co-directors of UNIT SOUZOU are known for their fusion of taiko and Japanese folk dance. 'Souzou' can be written in three ways meaning 'creation' (創造) 'imagination' (想像) or 'noisy' (騒々) alluding to a force by which new ideas are born and take shape in the world. Inspired by these words UNIT SOUZOU focuses on building creative and imaginative works for the art form of taiko honoring the past while building toward the future. In addition to creating groundbreaking theatrical works, UNIT SOUZOU is deeply committed to share taiko through teaching in schools, collaborating with the local community, and offering public classes.





# 寿司 **SUSHI LAND**

**Congratulations to all of the Judoka's participating in the 60th Annual Obukan Tournament! Also a big Congratulations to Obukan Celebrating its 90th year of teaching traditional Kodokan Judo!**

**At Sushi Land we understand traditions like Obukan! So please, come give the Northwest's original kaiten sushi restaurant a try! We welcome all Judokas, friends and families!!**

---

**We look forward to meeting you and your friends and family!**

---

**Sushi Land Locations:**

**Oregon:**

- Beaverton
- Portland (Pearl District)
- Portland (Lloyd)
- Clackamas (Sunnyside)
- Tualatin (Bridgeport)

**Washington:**

- Vancouver
- Bellevue
- Seattle (Queen Anne)
- Redmond
- Tukwilla (Southcenter)
- Lynnwood

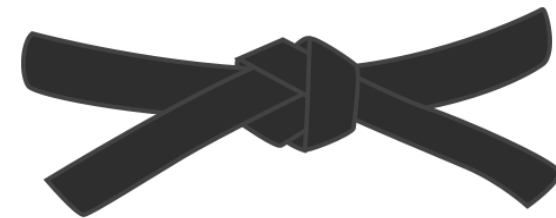
**California:**

- Glendale,

[www.sushilandusa.com](http://www.sushilandusa.com)



**Raymond S. Onchi D.M.D.  
General Dentistry**




---

35 North East Kelly  
Gresham, Oregon 97030  
(503) 667-3737

**Good Luck to All Judokas**



## 59TH ANNUAL OBUKAN / 2ND JIM ONCHI SENSEI MEMORIAL SHIA RESULTS

APRIL 4TH, 2015  
PORTLAND COMMUNITY COLLEGE  
CASCADE CAMPUS GYM

### Juniors Male and Female Divisions

Division	Weight Class	Age	1st Place	Club	2nd Place	Club	3rd Place	Club
1A	Boys & Girls	8 and under	Kai Yinger	Yushido	Keaton Martinez	Kitsap	Karizma Williams	Yushido
1B	Boys & Girls	8 and under	AJ Salguero	Yushido	Noah Senffner	Obukan	Egan Crigler	Obukan
1C	Boys & Girls	8 and under	Joshua Yinger	Yushido	Noah Senffner	Obukan	Osama Rose	Obukan
1D	Boys & Girls	8 and under	Kainoa Hosaka	Portland Judo	Gregory Whitehead	Ippon Dojo	Kaleb Holman	Oak Tree
2A	Girls	9-10	Uruwa Abe	Obukan	Kayla Lucas	Yushido	Michaela Marsch	Oak Tree
2B	Girls	9-10	Mia Yinger	Yushido	Alison Lee	Emerald City	Ariana Eide	Oak Tree
2C	Girls	9-10	Amyrha Syyan	Oak Tree	Cynthia Bassett	River City	Samaree Wakimoto	Obukan
3A	Boys	9-10	Duncan Poston	Sacramento	Kazuya Sandoval	North Sound	Anthony Tran	Seattle Dojo
3B	Boys	9-10	Liam Ortega Absher	Ippon Dojo	Dylan Kakuda	Pacific Judo	Peter Howton	Seiwakan

### SPECIAL AWARDS:

**Fukushima Kata Award:** Toshio Ichinoe/Obukan

**Jocelyn Latka Spirit Award:** Noah Senffner/Obukan

**Jim Onchi Sensei "Spirit" Award:** Ikuyo Abe/Obukan

**Onchi Scholarship Award:** Taylan Yuasa/Budokan



**Best Technique Juniors:** Tegan Yuasa/Budokan

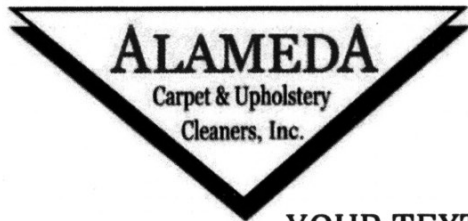
**Best Technique Seniors:** Yasuhide Taira/Obukan

### Juniors Male and Female Divisions (continued)

Division	Weight Class	Age	1st Place	Club	2nd Place	Club	3rd Place	Club
4A	Girls	11-12	Uruwa Abe	Obukan	Maya Luther	Obukan		
4B	Girls	11-12	T. Parker Borrero	Ippon Dojo	Miyuki Sandoval	North Sound	Layla Eide	Oak Tree
5A	Boys	11-12	Tegan Yuasa	Budokan	Anthony Senffner	Obukan	Tomio Yamada	Pacific Judo
5B	Boys	11-12	Devin Wright	Ippon Dojo	Luis Duran	River City	Harrison Lin	Emerald City
6A	Girls	13-14	Tiana Duran	River City	Victoria Steward	North Sound	Nalani Lowe	River City
7A	Boys	13-14	Marton Teichner	Emerald City	Joshua Lee	Emerald City	Pittman Coriakin	River City
7B	Boys	13-14	Akio Yamada	Pacific Judo	Jared Allred	Ippon Dojo	Andrew Motz	Emerald City
7C	Boys	13-14	Akio Yamada	Pacific Judo	Alan Medel	Zenyu	David Lewis	US Judo
8A	Girls	15-16	Hikaru Abe	Obukan	Laurel Zemke	Ki Haku Judo		
8B	Girls	15-16	Tamari Yamane	Pacific Judo	K. Gladhart-Hayes	Best MAI	Katie Allison	River City
9A	Boys 1	5-16	Tyrig Johnson	Ippon Dojo	Akio Yamada	Pacific Judo	Nathan Richards	Pacific Judo
9B	Boys	15-6	Ian Watters	Obukan	Avery Robinson	Oak Tree	Ben Duran	River City

### Senior Male and Female Divisions

Division	Weight Class	Age	1st Place	Club	2nd Place	Club	3rd Place	Club
10A	Senior Women	Seniors	Akina Yamada	Pacific Judo	Annette Lane	Oak Tree	Eva Chen	Zenyu Judo
10B	Senior Women	Seniors	Samantha Curren	WOFA Judo	Katie Allison	River City	Tamari Yamane	Pacific Judo
11A	Senior Men	Seniors	Adin Hanrahan	Ki Haku Judo	Timothy Vincent	Obukan	Ngoc Tran	Obukan
11B	Senior Men	Seniors	Donald Backus	UW Judo	Matthew McCarter	US Judo	Bronson Barnett	Obukan
11C	Senior Men	Seniors	Matt Howell	River City	Michael Syyan	Oak Tree	Mike Holman	Oak Tree
12A	Women's	Veterans	Laura Reynoldson	Obukan	Amy Vohs	Obukan		
13A	Men's	Veterans	Martin Skovira	Seiwakan	Abdulrahim Audi	Obukan	Robert Wakimoto	Obukan
14A	Women's	Brown Bt Sr	J. Parker Borrero	Ippon Judo	Akina Yamada	Pacific Judo	Rayann Pyle	McCall Judo
15A	Men's	Brown Bt Sr	Tyrig Johnson	Ippon Judo	Malcom Martin	Ippon Judo	3 Way Tie	
							Justin Yu	Kent Schools
							Connor Chin	Kent Schools
							Taylan Yuasa	Budokan
15B	Men's	Brown Bt Sr	Abraham Ichinoe	Obukan	Nick Wallick	Ippon Judo	Irving Anderson	River City
15C	Men's	Brown Bt Sr	Matt Howell	River City	Robert Lambert	Ippon Judo	Jacob Kranick	River City
16A	Women's	Black Bt Sr	C. Schmerber	Ore-Ida Judo	Jennifer Paterson	Ki Haku Judo		
17C	Men's	Black Bt Sr	Irving Anderson	River City	Jacob Kranick	River City		



YOUR TEXTILE CARE CONSULTANT

**Richard Middlebrooks**

Office: 503-335-3915

Fax: 971-230-0131

Worldwide Independent Lab Tests

Stain and UV Protection

25 Years in the Aerospace Industry

Boeing Certified Test Report

AlamedaCleaners.com / MicroSealUSA.com

alamedacleaners@gmail.com

# Koji OSAKAYA Japanese Restaurant

AUTHENTIC JAPANESE CUISINE  
FROM OSAKA

*We are specializing in Kansai Style Japanese food. We offer a wide variety of Sushi Items, Noodle dishes, Rice Dishes and other Authentic Japanese dishes. We came from Japan in 1981 and opened our first restaurant in June 1982. Our constant travel between the US and Japan assists us in bringing our customers modern Japanese cuisine. We always invest time and effort in order to produce quality and flavors you are sure not to forget.*

関西の味をお届けして 34 年



豊富なメニューとお手頃な価格  
各種お弁当、ご宴会も承ります

## Convenient Locations to Serve You:

**Lloyd**..... (503) 280-0992

1502 NE Wiedler St, Portland OR 97232

**Down Town**..... (503) 294-1169

606 SW Broadway, Portland OR 97205

**Macadam**..... (503) 293-1066

7007 SW Macadam Ave, Portland OR 97219

[www.koji.com](http://www.koji.com)

# MORINAKA *Schworm* LLC

Attorneys at Law

Small Business Counsel  
Wills, Trusts, and Elder Law  
Divorce  
Auto Accidents & Injury



## CHASE MORINAKA

“Judo teaches us to look for the best possible course of action, whatever the individual circumstances, and helps us to understand that worry is a waste of energy.”  
- Jigoro Kano

*Good Luck Judoka!*

Visit us at

[www.chasemorinaka.com](http://www.chasemorinaka.com)

2580 NW Upshur St Portland, OR 97210 (971)266-2800

THANK YOU

to all the senseis at Obukan Judo!!!

Your dedication, enthusiasm, and commitment to the Obukan family is inspiring.

—Obukan Judoka & their families—

*Nothing under the sun is greater than education. By educating one person and sending him into the society of his generation, we make a contribution extending a hundred generations to come. -Jigoro Kano*



Serving Portland's best  
free-range chicken wings  
& house crafted brews!



Good luck to all tournament  
participants!



**CLEARLY PORTLAND'S FINEST**  
**ECO-FRIENDLY**  
**AUTO BODY & PAINT CENTER**  
~ SINCE 1968 ~

***GOT DENTS? GO TO LENTS!***  
[www.LentsBodyShop.com](http://www.LentsBodyShop.com)



Portland's First Body Shop Using EPA Presidential Green Chemistry Awarded BASF Waterborne Paint

397598.012512 AST



**9038 SE Foster Road, Portland • Shop: 503-774-2725 Office: 503-774-7497**



A Special Thanks to:  
Ikuyo Abe  
Desiree Senffner  
Dunetchka Otero-Serrano  
& Jeff Rooney

**Thank you!**

**Red Lion Hotel  
on the River  
&  
Portsmouth  
Dental**



Hartwell Chiropractic & Wellness Center PC

Hablo Español

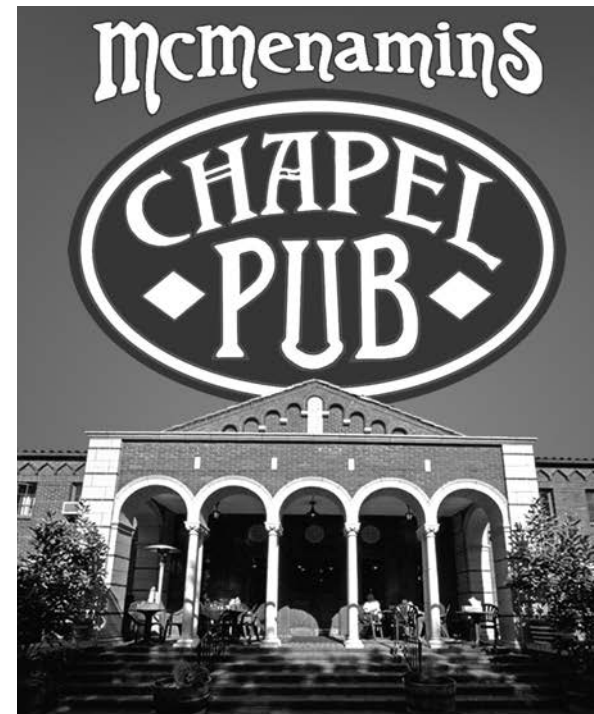
Dr. Dain P. Cason, DC, MS, CSCS, CCSP 503-266-2997  
170 NW 2nd Ave 503-263-2997  
Canby OR 97013 hartwellchiro@canby.com  
[www.hartwellchiropractic.com](http://www.hartwellchiropractic.com)

# GINA'S Dry Cleaners, Inc.

With more than 25 years of industry experience, Gina's Dry Cleaners is your source for top-quality dry cleaning services you can depend on. From **SAME DAY** service on in-house orders to available **TWICE A WEEK** pick-up and delivery for businesses and households, we provide friendly, personalized service and **EXPERT CARE** of all your clothes and fine fabrics.

Tel: (503) 639-1199  
16841 65th Ave, Lake Oswego, Oregon 97035  
[www.ginasdc.net](http://www.ginasdc.net)

Mon-Fri: 7:00 am - 7:00 pm  
Sat: 10:00 am - 4:00 pm



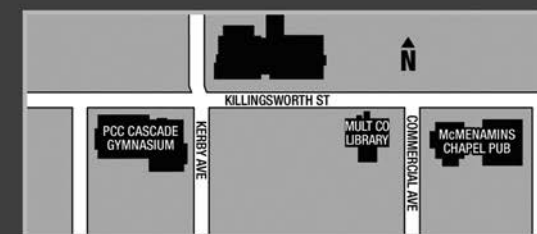
## Great food, ales & wines

Offering Northwest pub fare made from locally-grown seasonal ingredients.

*Groups welcome · Kids menu  
Late-night dining*

**HAPPY HOUR DAILY**  
3 p.m. 'til 6 p.m. & 10 p.m. 'til 12 midnight

Get the  APP



Two blocks east on Killingsworth  
430 N. Killingsworth St. · Portland  
(503) 286-0372 · [mcmenamins.com](http://mcmenamins.com)



3552 N. Mississippi Ave. 503-288-3231





# CONGRATULATIONS OBUKAN JUDO DOJO

**60TH ANNUAL JUDO TOURNAMENT  
AND 90TH YEAR OF TEACHING  
KODOKAN**

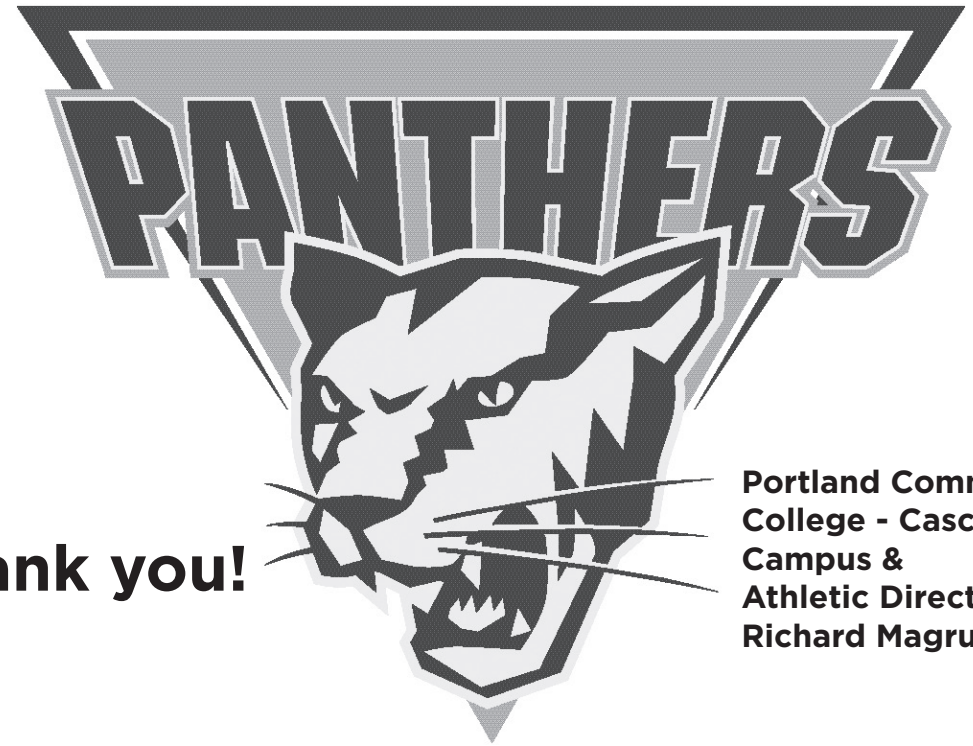
**PORTLAND  
4124 SE 82ND AVENUE  
(503) 771-9464**

**SKIP THE WAIT.  
ORDER @ [wingstop.com](http://wingstop.com)**

**FREE REG. HAND-CUT  
SEASONED FRIES**  
WITH ANY WING PURCHASE

Not valid with any other specials, promotions or offers.  
Present coupon at the time of purchase.  
Valid only at participating location.  
Expires 04/19/16.

One coupon per customer visit.



**Thank you!**

**Portland Community  
College - Cascade  
Campus &  
Athletic Director  
Richard Magruder**

**Thank you!  
The Immaculate Heart  
Catholic Church  
Vietnamese Community**

2910 N Williams Ave, Portland, OR 97227





## **RESTAURANTS AND COFFEE SHOPS**

There are several nearby restaurants and coffee shops near the tournament site.

### *Sponsors/Supporters of our tournament:*

- **McMenamins Chapel Pub** (Opens at 11am) **0.1 mi east of PCC Cascade**  
430 N Killingsworth St. 503-286-0372  
Burgers, soup, sandwiches. Family friendly.
- **Fire on the Mountain** (Opens at 11am) **1.1 mi SW of PCC Cascade**  
Near tournament: 4225 N Interstate Ave. 503-280-9464  
Near Obukan Dojo: 3443 NE 57th Ave. 503-894-8973  
Buffalo chicken wings, salads, sandwiches, and burgers. Family friendly.
- **Mississippi Pizza** (Opens at 11am) **1.1 mi south of PCC Cascade**  
3552 N. Mississippi Ave. 503-288-3231  
Arguably, one of the best pizza joints in town. Pizza by the slice or call and order ahead.
- **Koji Osakaya** (Opens at 11:30am) **3.2mi SE of PCC Cascade**  
1502 NE Weidler St. 503-280-0992  
Sushi
- **Burgerville** (opens at 6am)  
1135 NE Martin Luther King Jr Blvd. **2.9mi south of PCC Cascade**  
8671 N Ivanhoe St. **5.3mi west of PCC Cascade**
- **Sushi Land Lloyd District** (Opens at 11am) **3.2mi SE of PCC Cascade**  
1409 NE Weidler St. 503-280-0330  
Sushi, noodles, rice dishes.
- **Wingstop** (Opens at 11am)  
**11.7 mi SE of PCC Cascade (4.3 mi from Obukan Dojo)**  
4124 SE 82nd Ave. Suite 800 503-771-9464  
Wings

## **Other restaurants/coffeehouses near PCC Cascade Tournament site:**

- Coffeehouse Five: 1 block west  
*Corner coffeehouse with light American bites.*
- Saraveza: 2.5 blocks west  
*Bottled & on-tap craft beers, savory pies & hearty Midwestern tavern fare.*
- Pho Jasmine: 1 block west  
*Vietnamese noodle soup and a wide variety of other Vietnamese specialties.*  
*Very vegetarian friendly, tofu and wheat gluten free options.*
- E'Njoni Cafe: 2 blocks west  
*Ethiopian Restaurant*
- Red E Cafe: 3.5 blocks west  
*Coffeehouse*
- Fish and Chip Shop: 0.4mi west  
*British pub grub at 1218 N Killingsworth St.*
- Eddies Flat -iron Pizza 0.4mi west  
*Pizza, sandwiches, and burgers at 1233 N Killingsworth St.*
- Blend: 1.1mi west  
*Coffee, pastries, breakfast items at 2710 N Killingsworth St.*
- La Bonita: 1.1mi west (Open 10am)  
*Classic Mexican fare at 2710 N Killingsworth St.*
- Mio Sushi 1.1mi west (Open at noon)  
*Japanese cuisine at 2735 N Killingsworth St.*
- MeeDee Thai 1.1mi west (Open at noon)  
*Thai cuisine at 2731 N Killingsworth St.*



**Dojo Address:**  
7333 NE Fremont St

**On The Web:**  
[www.obukanjudo.org](http://www.obukanjudo.org)  
[facebook.com/groups/obukanjudo](https://facebook.com/groups/obukanjudo)  
[obukanjudo@yahoo.com](mailto:obukanjudo@yahoo.com)

